

**University of California, San Francisco  
CURRICULUM VITAE**

**Prepared: 9/1/15**

**Name:** Kristy Menage Bernie, MS, RDH, RYT  
**Position:** Assistant Clinical Professor, University of California, San Francisco, Oral Epidemiology and Dental Public Health, Preventive and Restorative Dental Sciences, Volunteer Faculty  
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**EDUCATION:**

1980 - 1982 Montgomery Community College, Rockville, Maryland  
1982 - 1984 Baltimore College of Dental Surgery,  
University of Maryland, Baltimore, Maryland  
BS in Dental Hygiene  
2014 - 2015 University of California, San Francisco  
MS in Dental Hygiene

**LICENSES, CERTIFICATION:**

**State Licensure**

1984 License, Registered Dental Hygienist, Maryland, Active #2750  
1991 License, Registered Dental Hygienist, California, Active #RDH 14936  
- Administration of Local Anesthesia; Nitrous Oxide & Performance of Soft Tissue  
Curettage  
Basic Life Support Certification – Expires March, 2016

**Other**

2006 Registered Yoga Teacher Certification – Yoga Alliance

**PRINCIPAL POSITIONS HELD:**

1990 - Present	Educational Designs, Inc.	Director/Owner
2011- Present	University of California, San Francisco School of Dentistry	Assistant Clinical Professor Volunteer

**OTHER POSITIONS HELD:**

1984 - 1986	Dental Placements	Marketing Representative
1986 - 1987	Traveling Curette, Unlimited	President/Owner
1987 - 1991	Colgate Oral Pharmaceuticals	Professional Representative
1991 - 1994	Health Career Learning Systems	Hazard Communication Trainer

**HONORS AND AWARDS:**

- 1984 Hu-Friedy Golden Scaler Award
- 1984 Who’s Who among Students in American Universities
- 1984 The National Dean’s List Award of Merit
- 1984 Student Leadership Award, Maryland Dental Hygienists’ Association
- 1984 Phi Kappa Phi Honor Society,
- 1984 Sigma Phi Alpha Honor Society
- 1984 Magna Cum Laude Graduate
- 1989 Maryland Dental Hygienists’ Association Award for *Outstanding Service*
- 1993 & 1995 California Dental Hygienists’ Association *Outstanding Component Member* Recognition
- 1995 California Dental Hygienists’ Association *President’s Recognition Award*
- 1996 Mt. Diablo Dental Hygiene Society *Presidents Award*
- 1996 International Who’s Who of Professionals – Inductee
- 1998 International Who’s Who of Entrepreneurs – Inductee
- 2005 American Dental Hygienists’ Association *Distinguished Service Award*
- 2006 Cambridge Who’s Who of Dental Professionals
- 2014 Tylenol Future Care International Scholarship Recipient
- 2015 California Dental Hygienists’ Association *President’s Recognition Award*
- 2015 California Dental Hygienists’ Association *Outstanding Component Member* Recognition
- 2015 University of California, San Francisco, Elizabeth Fuhriman Gardner Award

**KEYWORDS/AREAS OF INTEREST:**

Adult learning educational methodology/principles; computer/presentation skills; curriculum development for lifelong learning (CE presentation development and facilitation); oral healthcare industry consultation services; association corporate sponsorship program development; and facilitation of change and integration of new protocols and technologies into clinical practice.

Mission Statement: To empower & establish the profession of dental hygiene as the preventive resource by promoting the business of dental hygiene resulting in an increase in access to care, preservation and progression of the profession and individualized professional success.

**PROFESSIONAL ACTIVITIES**

**CLINICAL**

1983 - 1984	Pediatric & Adolescent Dentistry	Dental Assistant
1984 - 1986	Pediatric & Adolescent Dentistry	Clinical Dental Hygienist
1984 - 1989	Paul Brillhart, DDS	Clinical Dental Hygienist

**SUMMARY OF CLINICAL ACTIVITIES:**

I am currently maintaining active clinical dental hygiene licenses in California and Maryland with limited clinical practice. Previous clinical practice includes pediatrics, orthodontics, periodontics, general practice & geriatric settings.

PROFESSIONAL ORGANIZATIONS

Memberships

1982 – Present	American Dental Hygienists’ Association
1984 – Present	Phi Kappa Phi Honor Society
1984 – Present	Sigma Phi Alpha Honor Society
1982 – 1989	Maryland Dental Hygienists’ Association
1989 – Present	California Dental Hygienists’ Association
1991 – Present	Office Safety & Asepsis Procedures Foundation
2000 – Present	American Academy of Cosmetic Dentistry
2008 – Present	American Academy of Dental Hygiene
2014 – Present	American Dental Education Association

Service to Professional Organizations

1984 – 1986	Maryland Dental Hygienists’ Association	Legislation Co-Chair
1986 - 1988	Maryland Dental Hygienists’ Association	Recording Secretary
1987 - 1989	Maryland Dental Hygienists’ Association	ADHA Alternate Delegate
1987 - 1989	Maryland Dental Hygienists’ Association	Vice President
1990 - 1992	Mt. Diablo Dental Hygiene Society	Vice President
1991 - 1996	California Dental Hygienists’ Association	Chair, Corporate Sponsorship
1991 – 1996	California Dental Hygienists’ Association	ADHA Delegate
1992 - 1993	California Dental Hygienists’ Association	ADHA Alternate Delegate
1992 - 1994	Mt. Diablo Dental Hygiene Society	President
1993 - 1995	California Dental Hygienists’ Association	Administration Council
1995 - 1997	California Dental Hygienists’ Association	Chair, Administration Council
1997 - 1999	Office Safety & Asepsis Procedures	Marketing Committee Member
1997 - 2001	California Dental Hygienists’ Association	Secretary/ Treasurer
1997 - 2002	California Dental Hygienists’ Association	ADHA Delegate
1998 - 2000	American Dental Hygienists’ Association	Minutes Review Committee
1998 - 1999	American Dental Hygienists’ Association	Advisory Committee to the Special Committee on CE Recognition Programs
2000 - 2001	American Dental Hygienists’ Association	ACE Program Task Force
2001 - 2002	California Dental Hygienists’ Association	President Elect
2001 – 2002	Mt. Diablo Dental Hygiene Society	President
2002 – 2003	California Dental Hygienists’ Association	President
2002 – 2004	American Dental Hygienists’ Association	Council on Member Services
2003 – 2004	California Dental Hygienists’ Association	Immediate Past President
2003 – 2007	California Dental Hygienists’ Association	ADHA Delegate
2004 – 2005	American Dental Hygienists’ Association	Council on Public Relations
2004 – 2007	California Dental Hygienists’ Association	Chair, SADHA Council
2005 – 2007	American Dental Hygienists’ Association	Chair, Council on Member Services
2007 – 2008	California Dental Hygienists’ Association	Chair, Professional Development Council
2007 – 2008	California Dental Hygienists’ Association	Alternate ADHA Delegate
2007 – 2010	American Academy of Dental Hygiene	Chair, By-Laws Committee

2008 – 2014	American Academy of Dental Hygiene	Chair/Member CE Provider Committee
2008 – 2015	California Dental Hygienists' Association	ADHA Delegate
2009 – 2012	California Dental Hygienists' Association	Chair, ADHA Delegation
2009 – 2014	California Dental Hygienists' Association	Co-Chair, Information Technology Council
2015 – 2016		President Elect
2010 – 2012	American Academy of Dental Hygiene	President
2012 – 2014	American Academy of Dental Hygiene	President
2014 – 2016	Mt. Diablo Dental Hygiene Society	President
2014 – 2015	California Dental Hygienists' Association	Secretary/Treasurer
2014 – 2016	American Academy of Dental Hygiene	Immediate Past President

### **SERVICE TO PROFESSIONAL PUBLICATIONS:**

1991 – 1998	Newsletter Editor, Mt. Diablo Dental Hygiene Society
2001 – 2013	Newsletter Editor, Mt. Diablo Dental Hygiene Society
1992 – 2002	Editorial Advisory Board, <i>The Journal of Practical Hygiene</i>
1993 - 1995	Contributing Editor, Journal of the California Dental Hygienists' Association
1995 – 2008	Editorial Advisor, California Dental Hygienists' Association <i>Journal</i>
2001 – 2007	Editorial Advisory Board, <i>Contemporary Oral Hygiene</i>
2001 – 2007	Columnist, <i>Contemporary Oral Hygiene</i>
2007 – 2008	Hygiene Editor, <a href="http://www.Dentalcompare.com">www.Dentalcompare.com</a>

### **INVITED PRESENTATIONS**

#### INTERNATIONAL

CE Solutions, Vancouver, Canada; 2007 (CE seminar)  
Thompson Okanagan Dental Meeting, Canada; 2008 (CE seminar)  
CE Solutions, Vancouver, Canada; 2008 (CE seminar)  
Dental Hygiene Ortho Study Club – Ontario, Canada; 2009 (CE seminar)  
Okanagan Periodontal Study Club – Kelowna, BC, Canada; 2010 (CE seminar)  
Pacific Dental Conference, Vancouver, BC; 2011 (4 CE seminars)  
Pacific Dental Conference, Vancouver BC; 2014 (3 CE seminars)

#### NATIONAL

RDH Under One Roof, Washington, DC; 2007 (2 CE seminars)  
American Academy of Cosmetic Dentistry, Atlanta, GA; 2007(CE seminar)  
American Cosmetic Esthetics, Phoenix, AZ; 2007 (CE seminar)  
RDH Virtual Trade Show – Key Note Program; 2008 (CE webinar)  
Educational Designs Educators' Workshop, San Francisco, CA; 2008 (Founder/Director/Faculty)  
RDH Under One Roof, Chicago, IL; 2008 (2 CE seminars)  
Damon Forum, Phoenix, AZ; 2009 (2 CE seminars)  
RDH Under One Roof, Las Vegas, NV; 2009 (CE seminar)  
Educational Designs Educators' Workshop, San Francisco, CA; 2009 (Founder/Director/Faculty)  
RDH eVent, Virtual Trade Show; 2009 (CE webinar)

RDH Under One Roof , Las Vegas, NV; 2009 (Wrap Up Session Facilitator)  
RDH Under One Roof, Orlando, FL; 2010 (CE seminar)  
Discus Dental Extravaganza, Las Vegas, NV; 2010 (CE seminar)  
Damon Forum, Phoenix, AZ; 2010 (CE seminar)  
RDH Under One Roof, Chicago, IL; 2011 (CE seminar)  
RDH Under One Roof, Las Vegas, IL; 2012 (2 yoga practice sessions)  
RDH Under One Roof, Las Vegas, NV; 2012 (Panel discussion member)  
Damon Forum , Orlando, FL; 2013 (2 CE seminars)  
RDH Under One Roof, Las Vegas, IL; 2013 (CE seminar)

## REGIONAL AND OTHER INVITED PRESENTATIONS

### **2010**

2010 Napa-Solano Dental Hygienists' Society, Napa, CA (CE seminar)  
2010 Orange County Dental Hygienists' Society, Costa Mesa, CA (CE seminar)  
2010 Yankee Dental Conference, Boston, MA (4 CE seminars)  
2010 Sacramento District Dental Society, Sacramento, CA (3 CE seminars)  
2010 Chicago MidWinter Convention, Chicago, IL (4 CE seminars)  
2010 Orthodontic Associates of South Eastern CT (CE seminar)  
2010 Phoenix College, Phoenix, AZ (2 CE seminars)  
2010 Alabama Dental Hygienists' Association, Huntsville, AL (CE seminar)  
2010 Texas Dental Association, San Antonio, TX (4 CE seminars)  
2010 Sacramento Valley Dental Hygienists' Association, Sacramento, CA (CE seminar)  
2010 Utah Dental Hygienists' Association, Salt Lake City, UT (2 CE seminars)  
2010 Redwood Dental Hygiene Society, Marin, CA (CE seminar)

### **2011**

2011 Sacramento District Dental Society, Sacramento, CA (CE seminar)  
2011 PerioStudy Club, Columbus, OH (CE seminar)  
2011 Redwood Dental Hygiene Society, Santa Rosa, CA (CE seminar)  
2011 Chicago MidWinter Convention, Chicago, IL (3 CE seminars)  
2011 Santa Barbara Dental Hygienists' Association, Santa Barbara, CA (CE seminar)  
2011 Mt. Diablo Dental Hygiene Society, Concord, CA (CE seminar)  
2011 San Fernando & Ventura Dental Hygiene Component, Simi Valley, CA (CE seminar)  
2011 Star of the North Dental Convention, St. Paul, MN (CE seminars)  
2011 California Dental Association CDA Presents, Anaheim, CA (3 CE seminars)  
2011 Nevada Dental Hygienists' Association, Las Vegas, NV (2 CE seminars)  
2011 Discus Group Practice Retreat, Las Vegas, NV (CE seminar)  
2011 Ohio Dental Association Annual Session, Columbus, OH (3 CE seminars)  
2011 California Dental Association CDA Presents, San Francisco, CA (4 CE seminars)

### **2012**

2012 Napa Solano Dental Hygienists' Society, Napa, CA (CE seminar)  
2012 Redwood Dental Hygienists' Society, Marin, CA (CE seminar)  
2012 Utah Dental Association, Salt Lake City, UT (2 CE seminars)  
2012 Hinman Dental Convention, Atlanta, GA (3 CE seminars)  
2012 Oregon Dental Association, Portland, OR (2 CE seminars)

REGIONAL AND OTHER INVITED PRESENTATIONS *(continued)*

**2012** *(con't)*

- 2012 Ohio Dental Hygienists' Association, Cleveland, OH (2 CE seminars)
- 2012 Wisconsin Dental Association Convention, Madison, WI (2 CE seminars)
- 2012 Philips Sonicare Wellness Symposium, Indianapolis, IN (CE seminar)
- 2012 Pacific Northwest Dental Conference, Seattle, WA (2 CE seminars)
- 2012 Dr. Ron Wilson's Orthodontic/Dental Hygiene Study Club, Athens, GA (CE seminar)
- 2012 Metrolina Dental Hygienists' Society, Charlotte, NC (CE seminar)

**2013**

- 2013 Mt. Diablo Dental Hygiene Society, Concord, CA (CE seminar)
- 2013 Northeast Arkansas Dental Society, Little Rock, AR (CE seminar)
- 2013 Chicago MidWinter Convention, Chicago, IL (3 CE seminars)
- 2013 Western Regional Dental Convention, Phoenix, AZ (4 CE seminars)
- 2013 Indiana University School of Dentistry, Indianapolis, IN (CE seminar)
- 2013 Tri-County Orthodontic Study Club, Seattle, WA (CE seminar)
- 2013 Redwood Dental Hygienists' Society, Marin, CA (CE seminar)
- 2013 Nebraska Dental Hygienists' Association, Lincoln, NE (2 CE seminars)
- 2013 Los Angeles Dental Hygiene Society, Los Angeles, CA (CE seminar)

**2014**

- 2014 Orange County Dental Hygienists' Society, Anaheim, CA (CE seminar)
- 2014 Napa Solano Dental Hygienists' Society, Napa, CA (CE seminar)
- 2014 Sacramento District Dental Society, MidWinter Convention (3 CE seminars)
- 2014 Napa Dental Experience, Napa, CA (CE seminar)
- 2014 California Dental Association, Anaheim, CA (3 CE seminars)
- 2014 Arizona State Dental Hygienists' Association, Litchfield Park, AZ (CE seminar)
- 2014 Redwood Dental Hygienists' Society, Marin, CA (CE seminar)
- 2014 Air Techniques Webinar (Live)
- 2014 Peak Performance, Novi, MI (2 CE seminars)

**2015**

- 2015 Vision Trust Webinar (Taped)
- 2015 Orange County Dental Hygienists' Society, Irvine, CA (CE seminar)
- 2015 Mt. Diablo Dental Hygiene Society, Concord, CA (CE Seminar)
- 2015 Shasta Dental Hygienists' Society, Redding, CA (CE Seminar)
- 2015 San Diego County Dental Hygienists' Society, San Diego, CA (CE Seminar)
- 2015 Utah Dental Association, Salt Lake City, UT (2 CE Seminars)
- 2015 Redwood Dental Hygienists' Society, Rohnert Park, CA (CE Seminar)
- 2015 Texas Dental Association, San Antonio, TX (4 CE Seminars)
- 2015 Peak Performance, Troy, MI (2 CE seminars)

## **CDE COURSES ATTENDED**

### **2010**

- 2010 Infection Control & CA Law, Napa, CA
- 2010 Implementing CAMBRA: Best Methods, Webinar
- 2010 Low-Force, Low Friction Orthodontics, Phoenix, AZ
- 2010 The Art & Science of CAMBRA, Napa, CA
- 2010 Obtaining Optimal Oral Health via Risk Assessment, Orlando, FL
- 2010 Melting Tooth Syndrome – Recognizing, Preventing and Treating Erosion & Dental Hypersensitivity, Orlando, FL
- 2010 Clues to Your Patient’s Health: The Top 50 Most Prescribed Medications for 2010, Litchfield Park, AZ
- 2010 Women’s Aging Complexities: The 2010 Oral Health Connection, Redwood City, CA
- 2010 It’s About the Curve...Balancing Ergonomic Health & Patient Care, Concord, CA

### **2011**

- 2011 California Dental Practice Act & Infection Control, Santa Ana, CA
- 2011 Successful Roll-Out, Education, Implementation of Diode Lasers, Las Vegas, NV
- 2011 The Future of Clinical Dentistry, Las Vegas, NV
- 2011 Not Your Daddy’s Orthodontics, Litchfield Park, AZ
- 2011 CAMBRA Hands On Workshop, Concord, CA

### **2012**

- 2012 Points on Piercing, Cleveland, OH
- 2012 Comprehensive Periodontal Therapy, Las Vegas, NV
- 2012 Mid-Atlantic PANDA, Webinar
- 2012 Shining the Spotlight on New Products, Las Vegas, NV
- 2012 What Are We Really Looking For? Oral Pathology Cases & Concepts, Las Vegas, NV
- 2012 Teaching Methodology, Denver, CO
- 2012 Five Keys for Working with Ease, San Francisco, CA
- 2012 Inflammation 911: The Body-Mouth Connection, San Francisco, CA
- 2012 Connecting the Dots Between Oral Health & Nutrition, Concord, CA

### **2013**

- 2013 Implementing the Standards of Clinical Practice, Las Vegas, NV
- 2013 Mugs & Drugs, Las Vegas, NV
- 2013 To Use or Not to Use: Seamless Product & Technology Integration, San Francisco, CA

### **2014**

- 2014 Dental Care for Life, Concord, CA
- 2014 Educational Methodology Workshop, Concord, CA
- 2014 Conquering Biofilm in the Subgingival Battlefield, Webinar
- 2014 Becoming the Indispensable Hygienist, Litchfield Park, AZ
- 2014 To Use or Not to Use: When is the Question? Seamless Product and Technology, Litchfield Park, AZ
- 2014 Top Clinical Tips for Hygiene!, Litchfield Park, AZ
- 2014 Impact on Oral and Systemic Health, Litchfield Park, AZ

**CDE COURSES ATTENDED** *(continued)*

**2015**

- 2015 Anesthesia Update, Concord, CA
- 2015 New Products Update (2 sessions), Las Vegas, NV

**GOVERNMENT and OTHER PROFESSIONAL SERVICE:**

- 2002 – 2005 Dental Board of California, Infection Control Committee Member, California Department of Consumer Affairs

**UNIVERSITY AND PUBLIC SERVICE**

**UNIVERSITY SERVICE**

**UNIVERSITY OF CALIFORNIA, SAN FRANCISCO, SCHOOL OF DENTISTRY**

- 2013 – Present CrowdRise Fund Raising Committee for the UCSF MS-DH program – Volunteer; Developed and currently facilitate the MS-DH UCSF Oral Healthcare Industry Partnership Program

**TEACHING and MENTORING**

**TEACHING**

**POSTGRADUATE AND OTHER COURSES**

- 2011 University of California Dental Hygiene Masters’ Program, San Francisco, CA  
“Podium Principles: Maximizing Educational Methodology”
- 2012 University of California Dental Hygiene Masters’ Program, San Francisco, CA,  
“Podium Principles: Maximizing Educational Methodology” and “Applied Leadership Principles”
- 2013 University of California Dental Hygiene Masters’ Program, San Francisco, CA,  
“Podium Principles: Maximizing Educational Methodology” and “Applied Leadership Principles”
- 2014 University of California Dental Hygiene Masters’ Program, San Francisco, CA,  
“Podium Principles: Maximizing Educational Methodology” and “Applied Leadership Principles”
- 2014 University of California Dental Hygiene Masters’ Program, San Francisco, CA,  
“Maximizing Social Media in Academics”
- 2015 University of California Dental Hygiene Masters’ Program, San Francisco, CA  
“Podium Principles: Maximizing Educational Methodology”



## DENTAL HYGIENE UNDERGRADUATE COURSES

- 2011 Chabot Dental Hygiene Program, Hayward, CA  
“Innovations in Periodontal Therapy”, 2<sup>nd</sup> year students
- 2012 Chabot Dental Hygiene Program, Hayward, CA  
“Innovations in Periodontal Therapy” 2nd year students
- 2013 Chabot Dental Hygiene Program, Hayward, CA  
“Innovations in Periodontal Therapy”, 2nd year students
- 2014 Chabot Dental Hygiene Program, Hayward, CA  
“Innovations in Periodontal Therapy”, 2nd year students
- 2015 Chabot Dental Hygiene Program, Hayward, CA  
“Innovations in Periodontal Therapy”, 2nd year students

## TEACHING NARRATIVE

Since 1989, I have had the opportunity to facilitate numerous undergraduate teaching sessions on topics ranging from National Board review on fluoride to periodontal therapies. More recently, I have had the opportunity to facilitate sessions on adult learning principles, presentation skills and educational methodology to graduate students at UCSF, MS-DH program.

In addition to the academic environment, my teaching has extended to those dental hygienists transitioning from clinical positions to those of educators, managers, and sales for the oral healthcare industry. This has included countless sessions to teach the curricula of continuing education modules as well as instruct on methodology of adult learning principles and computer presentation skills. My teaching style is one that focuses on participant participation in order to maximize outcomes-based success. With both of these environments, an evidence-based approach, resource acquisition/utilization and networking skills has been at the heart of all of these opportunities.

## **MENTORING**

- 2014 Mentoring of a graduate from USCF, MS-DH in 2012 for the position of Program Coordinator, Dental Programs, at Diablo Valley College in Concord, CA. Approximately 20 hours were spent with this candidate focusing on interviewing skills, application response fine-tuning and presentation content/formatting in preparation to interview with the selection committee. The candidate was hired for this position.

## MENTORING NARRATIVE

I have been fortunate to be mentored by some of our most esteemed leaders in the profession. While I view mentorship as more collegial collaboration, I appreciate the opportunity and need to pass on the legacy for professional growth and success. I have had the opportunity to mentor in many facets, with a focus in leadership and creating opportunities beyond the clinical realm for dental hygiene.

From technology integration, to highlighting dental hygiene talent to identification of future leaders for our profession, I realize the critical role we all have as mentors. I will always embrace the prospect for

mentorship, as in the end, I learn more than those I ‘mentor’. The profession of dental hygiene is reliant on mentorship and I will continue to maximize these opportunities!

**SUMMARY OF TEACHING HOURS:**

2011 – 2014

50 hours per year, as an Assistant Clinical Professor, University of California, San Francisco, Oral Epidemiology and Dental Public Health, Preventive and Restorative Dental Sciences, Volunteer Faculty, MS DH program.

2015

10 hours per week, as an Assistant Clinical Professor, University of California, San Francisco, Oral Epidemiology and Dental Public Health, Preventive and Restorative Dental Sciences, Volunteer Faculty. MS DH program.

**TEACHING and MENTORING AIDS:**

Contributing author, *Demystifying Smiles: Strategies for the Dental Team*, Chapter 4, Full Mouth Disinfection, PennWell Corporation, 2003.

Contributing author, *Dental Health Education, Lesson Planning and Implementation. 2nd edition*, Tooth Whitening pg 221-224, Pearson/Prentice Hall, 2007.

Contributing author, Chapter Oral Malodor Diagnosis & Management, Chapter 38, 2<sup>nd</sup> Edition *Mosby’s Dental Hygiene Concepts, Cases & Competencies*, Mosby Elsevier, 2008.

CareerFlow™ and It’s Academic™ Workshop Curricula and Materials, 2007 – 2009.

**COURSE WORK IN EDUCATION METHODOLOGY AND TEACHING SUBJECT AREA(S):  
COURSES TAKEN:**

2012	Teaching Methodology, Denver, CO
2014	Educational Methodology Workshop, Concord, CA
2014	Curriculum Development and Methods of Instruction, UCSF, Dental Hygiene 202
2015	Masters Seminar II, UCSF, Dental Hygiene 221

**COURSES FACILITATED:**

2009	Western CAMBRA Coalition Educators Session, Anaheim, CA (Train the Educator sessions) - Products Module Co-Author and session Facilitator
2009	Educational Designs Educators’ Workshop, San Francisco, CA; (Founder/Director/Faculty)
2011	University of California Dental Hygiene Masters’ Program, San Francisco, CA “Podium Principles: Maximizing Educational Methodology”
2012	University of California Dental Hygiene Masters’ Program, San Francisco, CA, “Podium Principles: Maximizing Educational Methodology” and “Applied Leadership Principles”
2013	University of California Dental Hygiene Masters’ Program, San Francisco, CA, “Podium Principles: Maximizing Educational Methodology” and “Applied Leadership Principles”
2014	University of California Dental Hygiene Masters’ Program, San Francisco, CA, “Podium Principles: Maximizing Educational Methodology”

## RESEARCH AND CREATIVE ACTIVITIES

### PEER REVIEWED PUBLICATIONS

1. Menage Bernie, Kristy: Clinical Considerations for the Dental Hygienist in Orthodontic Therapy – Home Study Continuing Education, California Dental Hygienists' Association Journal , Vol. 23, No. 2, January 2008.
2. Menage Bernie, Kristy: Professional Tooth Whitening: Standard of Dental Hygiene Care, *ACCESS*, American Dental Hygienists' Association, Vol. 25, No. 10, December, 2011

### PLANNED PEER REVIEWED PUBLICATIONS

1. Perceptions of California Dental Hygienists regarding Mandatory Continuing Competence Requirements as a Condition of License Renewal – Manuscript submitted June, 2015.

### RESEARCH GRANTS

American Dental Hygienists' Association, Institute for Oral Health; 2015 grant recipient for Perceptions of California Dental Hygienists regarding Mandatory Continuing Competence Requirements as a Condition of License Renewal

### NON-PEER REVIEWED PUBLICATIONS AND OTHER CREATIVE ACTIVITIES:

Menage Bernie, Kristy: Perceptions: Images of a Profession – An Interview with ADHA President Margaret Lappan Green, Contemporary Oral Hygiene, Vol. 7, No. 1, January, 2007.

Menage Bernie, Kristy: Perceptions: Images of a Profession – 84<sup>th</sup> ADHA Annual Session: One Voice – One Vision, Contemporary Oral Hygiene, Vol. 7, No. 2, January, 2007.

Menage Bernie, Kristy: Daily Care Strategies for the Periodontal Patient and Beyond!, Dentalcompare.com, Hygiene/Perio Showcase, July, 2007.

Menage Bernie, Kristy: Accelerating Instrumentation: Fast Tracking Clinical Success, Dentalcompare.com, Hygiene/Perio Showcase, July, 2007.

Menage Bernie, Kristy: The Modern Dental Hygiene Operatory, Dentalcompare.com, October, 2007.

Menage Bernie, Kristy: How to build the Perfect Dentist/Hygienist Team, Dentalcompare.com, December, 2007.

Menage Bernie, Kristy: Orthodontic Dental Hygiene Care Plan, Dentalcompare.com, July, 2008.

Menage Bernie, Kristy: Innovation Savvy, California Dental Hygienists' Association, Fall, 2008.

Menage Bernie, Kristy: CAMBRA: Caries Management by Risk Assessment, RDH e-Village Focus, March 1, 2011: <http://www.dentistryiq.com/index/display/article-display/0747820084/articles/dentistryiq/rdh-products/evillage-focus/2011/03/cambra.html>

Menage Bernie, Kristy: Bio-adaptive Therapy: More than Straight Teeth, RDH e-Village Focus, May, 18, 2011: <http://www.dentistryiq.com/index/display/article-display/8417975588/articles/dentistryiq/rdh-products/evillage-focus/2011/05/bio-adaptive-therapy.html>

Menage Bernie, Kristy: Professional Whitening: The Role of the Dental Hygienist, RDH Magazine, Vol. 33, Issue 5, May, 2013 (Feature CE)

OTHER – Textbooks/Interviews/Quotes/Brand Ambassador

Contributing author, *Demystifying Smiles: Strategies for the Dental Team*, Chapter 4, Full Mouth Disinfection, PennWell Corporation, 2003

ESPN Radio – December, 2007 – 30 minute interview on oral health topics with Kristy Menage Bernie

Contributing author, *Dental Health Education, Lesson Planning and Implementation*. 2nd edition, Tooth Whitening pg 221-224, Pearson/Prentice Hall, 2007

Quoted in Esquire Magazine, 2007 and Women’s Health Magazine, 2008.

Contributing author, Chapter Oral Malodor Diagnosis & Management, Chapter 38, 2<sup>nd</sup> Edition Mosby’s Dental Hygiene Concepts, Cases & Competencies, Mosby Elsevier, 2008.

Philips Sonicare podcast on National Smile Month in association with Oral Health America, July, 2008.

Clinical Impressions – Ormco, 2009: “Hygienists – A Powerful Source for Practice Growth” – Vol. 17, No. 1

[www.SheKnows.com](http://www.sheknows.com) – “A Healthy Smile Means Healthy Self-Esteem”, August, 2011: <http://www.sheknows.com/health-and-wellness/articles/838185/a-healthy-smile-means-healthy-self-esteem>

Colgate Brand Ambassador – numerous web-based interviews/tips – October/November, 2014.

## OTHER CREATIVE ACTIVITIES

1991 – Present                      Educational Designs, Inc.                      Co-Founder, Owner & Director

**Web Site:**                      [www.EducationalDesigns.com](http://www.EducationalDesigns.com)

### CURRICULA DEVELOPMENT via EDUCATIONAL DESIGNS

*(For professional continuing education; oral healthcare industry dental hygiene educators and sales force training/facilitation):*

1. Dental Sealants: Enhancing Your Preventive Services
2. New Products for Preventive Dental Care - (Innovations in Periodontal Therapy)
3. Disease Transmission: Reducing Your Occupational Risk
4. Demystifying Patient Compliance: Reality Based Strategies for Success – Dental Hygiene Educator Module for Optiva/Sonicare
5. Fresh Breath Assurance: A Patient Centered Approach
6. The Principles of Aesthetic Dental Hygiene: A Patient Centered Approach – Dental Hygiene Educator Module for Discus Dental
7. Sale Force Training Modules – Preventatives in Oral Hygiene/Tooth Whitening and Terminology for Effective Sales
8. Full-Mouth Disinfection: Periodontal Therapy for the New Millennium
9. Tooth Whitening: From Chairside to Chewing Gum
10. Advancing the Art & Science of Dental Hygiene through Yoga
11. Deconstructing Fluoride Utilization
12. Advances in Tooth Whitening: Enhancing Results through Amorphous Calcium Phosphate (ACP)
13. Accelerated Periodontal Instrumentation: Fast Tracking Clinical Success
14. Calcium, Phosphate & Fluoride: Remineralization Strategies for Success
15. Yoga for the Dental Professional
16. CareerFlow Retreat Curricula – focusing on computer skill training, speaking writing, sales and consulting for the dental hygienist – workshop
17. It's Academic...Let's Present It! – a workshop for educators & speakers
18. Bio-Adaptive Therapy: Tooth Movement & Beyond – Module for referring orthodontists to utilize for study club presentations.
19. Periodontic/Orthodontic Connection: The Role of the Dental Hygienist in Orthodontics
20. Western CAMBRA Coalition – Product Module
21. Paradigms vs. Reality: Implementing Emerging Preventive & Therapeutic Protocols into Practice
22. Paradigm Shifts in Periodontal Therapy: Implementing Evolving Protocols
23. Standards for Clinical Dental Hygiene Practice: Implementing Aesthetic Dental Hygiene
24. Yoganomics: Postural Health Considerations for the Dental Professional
25. There Must be 30 Ways to Use Your Floss
26. Oral Hygiene Sales Training Modules for Philips Discus
27. Sales Force Training Modules – Preventatives for Philips Oral Healthcare
28. Dental Hygiene Educator Modules for Interleukin Genetics
29. Doctor? Have You Washed Your Hands?
30. Hands Free – It's the Law: Instrument Processing Today
31. Non-Critically...Critical: What's New in Environmental Surface Management

## WORKSHOP CURRICULA DEVELOPMENT/FACILITATION via EDUCATIONAL DESIGNS:

### *CareerFlow™:*

- Co-founder of CareerFlow in 2006, a division of Education Designs, designed to meet the needs of dental hygienists transitioning into speaking, writing, sales and corporate consulting. CareerFlow includes retreats that focused on skill building as well as placement services for dental hygienists seeking corporate opportunities. In addition, CareerFlow represented the premier entity in dental hygiene talent and speaker referral services.

### *It's Academic...Let's Present It™!:*

- Founder and Director of this annual workshop which was designed for educators and speakers in dentistry which focused on experiential learning for application-based outcomes.

Topics included:

1. Andragogy Principles: Theory to Application
2. Collaboration Principles: Innovative Curricular Approaches
3. Multi-Media Principles: Facilitating Beyond the Screen
4. Technology Principles: Maximizing Educational Methodology
5. Research Principles: Applied Evidence-Based Decision Making
6. Presentation Principles: Strategies for Didactic & Clinical Success